



A place where all abilities shine

NEWS RELEASE

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Contact: Karen Feldman
Phone/Fax: 518-755-4441 (Cell)
Email/Web site: katskill@aol.com / www.adaptivesportsfoundation.org

The Adaptive Sports Foundation and Windham Mountain Resort Team Up to Host Learn to Ski and Ride Event for Injured United States Veterans

WINDHAM, NY -- The Adaptive Sports Foundation (ASF) at Windham Mountain Resort is proud to host its 15th annual Learn to Ski and Ride event for United States veterans injured during active duty. This year's event is presented by NNN Group and Walmart Group and is part of ASF's *Warriors in Motion*® (WiM) program. ASF partners with Windham Mountain Resort (www.windhammountain.com) to bring approximately 20 wounded servicemen and women and their families to Windham Mountain February 1st-4th, 2018 for three days of winter sports activity, fun and relaxation.

The Learn to Ski & Ride events involves the veteran and his or her entire family in sports they can continue to do together after their return home. ASF volunteer instructors guide warriors through experiences that give them the skills to ski and snowboard. A secondary goal of the event is to allow participants to spend quality recreational and social time with their friends and families.

"The Adaptive Sports Foundation is proud to host this annual event for injured veterans and their families. It is a privilege to teach the joy, exhilaration and lifetime skill of skiing and snowboarding to men and women who have fought for our country and our freedoms, and who have returned with physical, mental and emotional wounds. Together with Windham Mountain Resort, and the entire Windham community, we are excited to have this opportunity to honor and empower wounded warriors and their families." – Todd Munn, Executive Director of the Adaptive Sports Foundation

The ASF's *Warriors in Motion* program provides participating injured veterans with a basic knowledge and practice of wellness and the importance of lifelong healthful living. Participants learn through interactive and experiential environments and explore all aspects of wellness and human performance. Warriors engage through sports, outdoor activity, and recreation, and investigate how the physical self is tied to the emotional/psychological self, and how state-of-mind can affect the physical body.

"The ASF has helped change the way I live my life, and helped motivate me to share these positive activities and opportunities with others." - Frank Lesnefsky, Army Staff Sergeant (Retired)

Windham Mountain Resort supplies the servicemen and women and their families with complimentary lift tickets and Adventure Park passes for the entire event. In honor of the *Warriors in Motion* Learn to Ski and Ride weekend, Windham Mountain Resort will offer an additional \$10 off their "Stripes and Badges" lift ticket discount to anyone with a military ID or a firefighter or police badge who visits between February 1-4, 2018. For more information on how to apply for this discount, visit <http://www.windhammountain.com/tickets-passes/stripes-and-badges-card/>.

“We are humbled to honor the hard work and dedication of these injured troops. They gave for us in many ways, and it’s important to remember their families did as well. Offering this experience is one way we show our gratitude.” – Chip Seamans, President/General Manager of Windham Mountain Resort

Adaptive Sports Foundation

The Adaptive Sports Foundation (501c3) provides profound and life changing experiences for individuals with physical and cognitive disabilities and chronic illness through outdoor physical activity, community, education, and support. In 2016-2017, ASF provided over 4,400 lessons to individuals with disabilities and the organization’s 280 volunteers donated 24,000 hours of service. To get involved or to learn more, visit adaptivesportsfoundation.org.

Windham Mountain Resort

Windham Mountain Resort is a year-round destination in the Great Northern Catskills of Greene County, NY, about two and a half hours north of New York City. With 285 skiable acres, Windham offers 54 trails serviced by 12 lifts. The Resort includes six terrain parks, learn-to packages, ski and stay packages, dining options, an Adventure Park, the full-service Alpine Spa, night skiing, and much more. In the summer months, Windham Mountain Bike Park is famous for its World Cup course, but also features a three-mile-long beginner trail. Windham Mountain Country Club is an 18-hole public golf course with a private club atmosphere. Visit windhammountain.com for details on these activities and more, and for information on upcoming events.