



**Welcome to Windham Mountain Resort, where there is winter fun for everyone! With a re-invented beginner's experience, 54 trails over two peaks, 97% snowmaking coverage, an updated Adventure Park, and plenty of places to stay, it's the perfect time to visit. Play for a day, or stay for a week!**

### What's the Weather?

Check the weather forecast prior to your trip and look at our webcams for real-time conditions. Weather can change quickly, so be prepared by having extra layers to keep in a locker or your car, just in case.

### What to Wear?

No need to buy expensive new gear just to try the sport... you likely already have what you need. Layering is the name of the game.

*Base Layer:* Start with long, breathable underwear. Synthetic or wool materials are best – they will pull the moisture away from your skin, keeping you warm and dry. Stay away from cotton – when it gets wet from perspiration or snow, it stays wet. Just one pair of medium weight, wool or sport specific socks is enough – ski and snowboard boots are built to keep your feet warm.

*Mid-Layer(s):* Warm and comfy layers like sport-pants, fleece tops, wool sweaters, or light puffy jackets. If you're too warm, you can take these layers off, but it's better to have it and not need it than need it and not have it.

*Outerwear:* Waterproof and windproof are best here. If you don't have snow pants, wind or rain pants will do. You'll be most comfortable if your pants can stretch over your boots. Most winter coats are suitable. Jeans are no fun when they get wet, cold and heavy, so we don't recommend them.

*Accessories:* Waterproof gloves or mittens are a must, and if you're sensitive to cold, we recommend mittens with a light glove underneath. A neck warmer comes in handy, but long scarves will just get in your way. Goggles are preferred to protect from sun glare and snow, but sunglasses will do the trick in a pinch. Sunscreen, lip balm and a sport bag to tote it all around in are helpful.

*Helmet:* Hats are super cool in the parking lot or hanging out around the lodge, but when you're on the snow, a helmet is highly recommended to keep you warm, dry, and safe. Helmets are included with your rental equipment.

### Getting Here

*By Car:* Our address is 19 Resort Drive Windham, NY 12496. We're just over two hours north of New York City, about three hours from Boston, and less than an hour from Albany. If you're driving, take the New York State Thruway to exit 21, then head West on route 23 for 23 miles.

*By Bus:* We work with several bus tour operators out of New York, and that information can be found on our website. Adirondack Trailways runs from Port Authority to the Windham bus stop, and if you're staying at the Winwood Inn and Condos, we'll send a shuttle to pick you up.

*By Train:* Amtrak operates daily between NYC's Penn Station and Hudson, NY, which is an easy, 40-minute drive from Windham Mountain. Make a rental car reservation through Enterprise and they'll meet you at the station

### Parking

Valet parking is available just outside the base lodge. Shuttles run continuously through self-parking areas, and will bring you and your gear right to the lodge.

### You're Here! Now What?

If you've never been on the snow before, skiing or snowboarding can seem intimidating. But you don't have to race down the black diamonds or catch big air in the park to have fun. Our new terrain based learning area makes it easy to get moving.

*Get Your Tickets & Equipment:* Start at the rentals shop on the 2nd floor of the base lodge. Get a lower mountain lift ticket, rentals, and a lesson with our beginner package for \$99. It's a great deal, and you'll be having a blast before you know it! Our staff in the Rental Shop will get you fitted for equipment and make sure you're ready to head out on the snow. Lockers are available for everything that's not going out on the snow with you. On a weekend or holiday, plan on spending about 45 minutes in this area.

*Have Fun in Our Beginner Area:* Our instructors are here to help. They'll make sure you're comfortable on your equipment, get you moving on the snow, and guide you through the terrain progression. Don't worry – no chair lifts here, just a "magic carpet" that you stand on while it takes you back to the top of the terrain.

*Make Plans to Come Back:* If you loved your first day and want to come back again (we're sure you will!), upgrade your Beginner Package on the same day to the Beginner 3-Pack and get a whole visit for free!



### **The Après Experience**

It won't take you long to learn that half the fun of skiing is après-ski. It's the hanging out in the lodge with your friends, laughing and reminiscing about your day on the snow, and enjoying a drink or two before you head to dinner.

### **Dining**

We offer a variety of dining options, including crepes and coffee on the first floor of the base lodge, grab & go convenience at Mountain Express on the second floor, on-mountain dining at the Wheelhouse lodge, an outdoor BBQ and bar on the patio, and full-service dining at SEASONS, with panoramic views and large fireplaces for a true après experience. In town, Rock'n Mexicana has the best margaritas and happy hour around!

### **Shopping**

If you forgot something, or just want to do a little shopping, Mountain Sports, on the first floor of the base lodge, is stocked with the latest gear and mountain fashions. There are also plenty of ski shops and gift shops in town.

### **Lodging**

We offer shuttle services to and from the Winwood Inn & Condos, in the heart of the Village of Windham. Ski & Stay Packages are available throughout the season. To make a reservation, visit our website or call 518-734-3000. There are also many other lodging options in and around Windham, from charming Bed & Breakfasts, to hotels for all budgets, to friendly cottages.

### **Alpine Spa**

Unwind, escape, and re-energize in our spa, just steps away from the base lodge. Enjoy the fireplace in our lounge as you choose from an array of massages, body treatments, and facial services. Refresh your mind, body and soul with a yoga practice overlooking the slopes. Treat yourself to something, or find the perfect gift in our boutique of beautifully packaged, responsibly sourced items.

### **Adventure Park**

Snow tubing, complete with a carpet lift and super-fun contour lanes, kids' snowmobiles, ice skating (weather permitting) and a comfy lodge. The Adventure Park at Windham Mountain offers family fun, day and night, mid-December through mid-March.

### **It's A Family Affair**

We pride ourselves on being known as a family resort, and we welcome children ages 3 and up into our lessons. We want your child's first experience on the snow to be a positive one! Use this guide to help us make sure things go as smoothly as possible.

*Get them excited:* Talk about the mountain and snow with your kids, get them pumped up to go play in it, and show them some videos about skiing and snowboarding. If they're taking a lesson, make sure they're looking forward to working with an instructor and making new friends.

*Make Reservations:* Make sure you reserve a spot in one of our programs before you jump in the car with all the gear and head up here. See what we offer for youth lessons and programs here, and then call 518-734-6120 to book.

*In the car:* Make sure everyone has lots of fluids, snacks and entertainment on the way here. Car rides are a great time for those on-snow videos! Pack a change of clothes or pajamas for the ride home – hopefully they'll be sound asleep after a day of winter adventure.

*Eat breakfast:* It's tempting to skip it on an early morning, but skiing and riding takes a lot of energy and the body needs that boost to get moving and stay active all day. It is the most important meal of the day, after all!

### **Other Activities**

*Cross Country & Snowshoeing:* Up-hill Travel Tickets are \$10 for the day or \$25 for the season. Up-Hill travel is permitted during daylight hours only, with any current lift, up-hill travel ticket or season pass. Stay on the sides of trails, visible from above at all times, and be aware of downhill traffic and mountain operations. X-C skiing and snowshoeing at Windham Country Club is dependent on Natural Snowfall. Guided snowshoe hikes happen every Saturday in January & February. Rental equipment is available.